



babysoundasleep.co.uk

# Dressing baby for bedtime

for informational purposes only

Nursery  
temperature:

Clothes:

27 degrees +



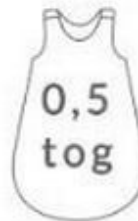
or



24 - 27 degrees



+



21 - 23 degrees



or



+



17 - 20 degrees



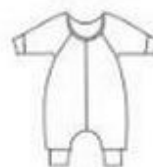
+



below 16 degrees



+



+

